







Operation Horse Power Women's Weekends

We are thrilled and prepared to welcome you to Operation Horse Power at Touchstone Farm!

Operation Horse Power Registration

In this packet, you will find all the necessary registration forms along with useful information about our program. In order to provide the best therapeutic and recreational benefits and safest environment please thoroughly complete all forms (many require a signature and date).

Touchstone Farm Mission Statement

Touchstone Farm, home of Pony Farm, Horse Power, and Operation Horse Power, is a non-profit educational and therapeutic organization that fosters a community of belonging for people of all ages, abilities and backgrounds. Touchstone Farm offers a rich and challenging variety of experiences, which includes summer camps, able-bodied and therapeutic horseback riding and carriage driving lessons, programs for veterans and their families, and training and certification for equine professionals. Grounded in a sense of place, mutual respect and well -being, the 28-acre farm is a sanctuary that nurtures connections, cooperation, self-confidence, and personal growth.

Touchstone Farm History

The Touchstone Farm property has been a working horse farm since the 1750's when it was donated to a veteran of the French and Indian War for his exemplary service. Throughout the farms' many years, the property and buildings have had many interesting and varied uses. The Homestead (circa 1754) was an active stagecoach stop between Boston and Montreal during the Revolutionary War, a school house for local children, the community birthing center, and home to 'indigents, orphans, and widows' in the mid-1800's. In the 1960's, a young girl named Isabella (Boo) Martin lived on the property with her family. She wanted to share her love for horses and began a summer riding camp for girls named Pony Farm in 1971. Stepping Stone Lodge, a log cabin constructed 40 years ago with local timber, can sleep up to 36 guests and has been used for Pony Farm summer camp, Veteran's Weekends, retreats, conferences, and weddings. In 1990, Boo developed Horse Power, a 501(c) 3 nonprofit organization providing Equine Assisted Activities and Therapies. Since then, Boo's talent as a horsewoman combined with her visionary leadership in the international arena of therapeutic riding, vaulting, and carriage driving has provided happiness, healing, and hope to countless individuals with physical, cognitive, and mental health challenges. In 2001, the farm became a PATH Intl. Premier Accredited Center and has trained and certified over 100 therapeutic riding and driving instructors. In 2014, Touchstone Farm launched Operation Horse Power programs for veterans and their families.

We look forward to hosting you for a wonderful weekend!

The Operation Horse Power Team,

Boo Martin, Gerry Duncan, and Tara Mahoney



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Operation Horse Power Guidelines:

What To Bring:

- Weather and farm appropriate clothing- we are outdoors a lot and clothing may get dirty.
- Sleepwear, socks, undergarments, shoes, boots (optional)
- Sunscreen/bug spray, gloves/hats, and jackets (light, heavy, and/or waterproof) are recommended as seasonally appropriate.
- Toiletries, prescription medications, over-the-counter aids (allergy, aspirin)
- For riding sessions, long pants are required. Shoes with closed-toe and a one-inch heel are recommended (sneakers are acceptable). Helmets will be provided.

What Not to Bring:

- Bedding, linens, and towels are provided
- No alcohol, illicit substances, or weapons are permitted on Touchstone Farm property
- Smoking is permitted in designated areas

What to Expect:

Sample Agenda at Operation Horse Power-

- o 7:30-8:30am—Farm Fresh hot breakfast
- o 9:00 –9:30 am- Morning Planning/ Community Meeting
- 10:00-12:00- Morning Sessions riding lessons, vaulting, carriage driving, historical tour of Homestead
- o 12:30-1:30- Lunch
- o 2:00-4:30- Afternoon Sessions riding lessons, carriage driving, guided hike, mindfulness seminar
- o 5:00-6:30- Relax and Refresh-free time
- o 6:30-7:30- Dinner
- o 7:30-8:30- Evening Gathering
- 8:30- Bonfire/S'Mores

Sample Breakfast Menu-

o Farm Fresh Eggs, Bacon, Homemade Muffins or Bagels, Hash Browns, Fresh Fruit, Juice and bottomless Cup of Coffee



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Touchstone Farm Covenant

, of,			
(Veteran's Name) (Address)			
for myself and for my heir legal representatives, and assigns, in partial consideration of the acceptance of			
(Veteran's	Name)		
for participation in the Touchstone Farm Inc., Operation	n Horse Power Program and/or associated activities, and being fully and		
completely aware and knowledgeable of the assumptio	n of risk of personal injury which I seek to make by becoming a member of		
the Touchstone Farm Inc., Operation Horse Power, Pon	y Farm or Horse Power Programs do, for as long as I remain a member of the		
Touchstone Farm Inc., Operation Horse Power, Pony Fa	rm or Horse Power Program or use its facilities, equipment and amenities,		
covenant with the Touchstone Farm Inc., Operation Ho	rse Power, Pony Farm or Horse Power, its heirs, legal representatives and		
assigns, to never institute any suit or action at law or in	equity against the Touchstone Farm Inc., Operation Horse Power, Pony Farm		
or Horse Power, by reason of any claim which I now have	ve or may hereinafter acquire relating to personal injuries which may be		
sustained by me arising from participation in the Touch	stone Farm Inc., Operation Horse Power, Pony Farm or Horse Power		
Programs and use of the facilities provided by the "Touc	hstone Farm Inc., Operation Horse Power, Pony Farm, or Horse Power."		
The undersigned acknowledges that there exist inheren	t risks of personal injury in the sport of riding and driving or handling of		
horses and the undersigned agrees to assume such risk	s and hold the Touchstone Farm Inc., Operation Horse Power, Pony Farm or		
Horse Power harmless for any injuries incurred by the u	indersigned while riding, vaulting, driving or handling horses at		
Touchstone Farm Inc., Operation Horse Power, Pony Fa	rm or Horse Power.		
I expressly reserve all legal remedies arising from tortio	us injuries intentionally or with malice, and expressly reserve any and all		
rights, causes of action, claims and demands against an	y person, firm or corporation other than the Touchstone Farm Inc.,		
Operation Horse Power, Pony Farm or Horse Power its	owners, heirs, legal representatives, staff and assigns and employees.		
Signature	Date		









Liability Release

(Veteran's name)	would like to participate in the Operation Horse Power Family			
Program at Touchstone Farm. I acknowledge the potential risk of horseback riding, vaulting, carriage driving, un-mounted or ground				
work with horses. However, I feel that the possible benefits to myself are greater than the risk assumed. I hereby, intending to be				
legally bound, for myself, my heirs and assigns, executors or administrators waive and release forever all claims for damages against				
Touchstone Farm Inc., Operation Horse Power, Pony Farm or He	orse Power, its Board of Directors, Instructors, Therapists, Aides,			
Volunteers and/or employees for any and all injuries and/or los	ses I may sustain while participating in Touchstone Farm Inc.,			
Operation Horse Power, Pony Farm or Horse Power.				
Signature:	Date:			
(Veteran's Signature)				
Photo Release				
I, (Veteran's Name)	hereby consent to and			
authorize the use and reproduction by Touchstone Farm Inc., O	peration Horse Power, Pony Farm or Horse Power of any and all			
photographs and any other audiovisual materials taken of me for	or promotional, printed material, educational activities or for any			
other use for the benefit of the program with my notification as	nd consent at the time of use.			
Veteran's Signature:	Date:			
Touchstone Farm - Communications & Mark	eting			
May we add your contact information, including email, to our n	nailing and email newsletter communications: YesNo			



Veteran Registration Information:







Operation Horse Power Participant Registration Form

Veteran's name:			
DOB:	Age:	_	
Branch/Dates of Military Se	rvice:		
Deployment (location and le	ength):		
Home Address:			
Home Phone:		Cell Phone:	
Email:			
Allergies:			
Do you request/require any	special accommodations? (Meals,	/physical/psychological)	
Is there anything you want	us to know so we can provide you	with a safe and enjoyable experience	ce?
Do you have any experience	e with horses? (Please explain)		
Veteran Signature:			Date:



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Touchstone Farm Authorization for Emergency Medical Treatment

Veteran's name:	
Primary Diagnosis/Medical Conditions:	
Medications (dose):	
Allergies:	
Physician's Name:	Physician's Phone Number:
In the event of an emergency, please co	entact:
Name:	Relationship:
Home phone:	Cell phone:
In the event emergency medical aid or treatment is requ	ired due to illness or injury during the process of receiving services or while
being on the property of Touchstone Farm Inc., I authori	ze Touchstone Farm Inc. to:
1. Secure and retain medical treatment and transport if r	needed.
2. Release client records upon request to the authorized	individual or agency involved in the medical emergency treatment.
Consent Plan	
This authorization includes X-rays, surgery, hospitalization	n, medications and any treatment procedure deemed "life saving" by the
physician. This provision will only be invoked if the perso	n(s) above is unable to be reached.
Signature:	Date:
OR Non-Consent Plan	
I do not give consent for emergency medical treatment/a	aid in the case of illness or injury during the process of receiving services or
while being on property of the agency. In the event eme	rgency treatment/aid is required, I wish the following procedures to take
place:	
Non-Consent Signature:	Date: