

# Touchstone Farm 2<sup>nd</sup> Annual Carriage Driving Immersion Week

Dates: May 8<sup>th</sup> to May 13<sup>th</sup>

- \*Participants may choose to attend entire week or choose 1 or more individual days
- \*Schooling Pleasure Show on Saturday May 13<sup>th</sup> is open to the public and Immersion participants with first priority given to Immersion participants
- \*Touchstone Driving Club Members also receive first priority for the Immersion Week

## Who Might Want to Come!!!

- \*Individuals brand new to driving who want to get the right start to this great sport
- \*Individuals who love driving but do not have their own horse or equipment
- \*Individuals who have a disability and want to experience the fun & freedom of driving
- \*Individuals who want to have a fun week with their own horse & enjoy the facilities and clinicians of Touchstone Farm
- \*Individuals who want to prepare for the PATH Therapeutic Driving Instructor Certification
- \*Individuals who want to prepare for the Level 1 or 2 of the CAA Driver Proficiency
- \*Individuals who want to drive down the country dirt roads and see the scenery
- \*Individuals who want to practice and get instruction to prepare for their first driving competition

Touchstone has the staff, clinicians, experience, facilities, equipment, lesson horses & ponies, a wide variety of harnesses and horses and the DESIRE to make this week truly a special experience for YOU!!! Sessions and instruction will be split up so that we can meet individual needs and experience levels.

Touchstone Farm reserves the right to change the clinicians or alter the schedule depending on the number of participants' skill levels and areas of interest.

## Monday May 8<sup>th</sup>

3:00PM Lodging Opens. Boo Martin, Official Greeter!

5:30PM Tour of Farm and Official Greeting with Boo Martin & George Stolz

6:30PM Dinner

7:15PM

\* Introduction of Clinicians/Teaching Staff/Farm Staff by Boo Martin, Holly Pulsifer, Diane Kastama, George Paffendorf, George Stolz

\* Group Introductions: Tell us your driving experience and your personal goals for the Immersion Week

\* Overview and Introductions to these national driving associations Holly Pulsifer, Diane Kastama, George Paffendorf

- Professional Association of Therapeutic Horsemanship (PATH)/Therapeutic Driving Workshop and Certification
- Carriage Association of America's (CAA) Driver Proficiency Program
- American Driving Society (ADS) and Arena Driving Trials (ADT)
- United States Driving for the Disabled (USDfD)
- Granite State Carriage Association (GSCA)
- Touchstone Farm's Driving Club and Event Schedule

9:00PM Wrap up for the Evening

On site lodging to meet individual tastes and needs. Handicapped accessible lodging, including full bathroom with roll in shower, available. See lodging rates and registration on Touchstone's website at [www.touchstone-farm.org](http://www.touchstone-farm.org) You can register using this link: Call or email Kris Young at 603-654-6308 or [kyoung@touchstone-farm.org](mailto:kyoung@touchstone-farm.org)

## Tuesday May 9<sup>th</sup>

8:00AM Breakfast

9:00AM Classroom and Theory: Safety First and Always...How to Keep Driving Safe and Fun for both Horses and Humans....

\* Information from Carriage Association of America's (CAA) Level 1 Driver Proficiency Program, CAA Level 1 Curriculum and Criteria & PATH International Level 1 Therapeutic Driving Curriculum. Holly Pulsifer

\* Four Golden Rules of Driving...George Stolz

1. Harness Parts
2. Vehicle Parts
3. Harnessing Order

#### 4. Safety Protocols

10:30AM Barn for Hands on Driving

1. Rein Board (1/2) George Paffendorf with Diane Kastama
2. Ground Driving Each Other Holly Pulsifer and Kim Porter
3. Grooming (1/2) George Stolz
4. Harnessing Sequence & Harnessing Fit Holly Pulsifer with George S
5. Ground Driving Horses in Ring George P & S, Holly, Kim, George and George with Diane
6. Pull Carriages to Ring Participants
7. Balance of Vehicles Holly
8. 2 Versus 4 Wheeled Vehicles George, George and Holly. Diane Kastama re: drivers with disabilities
9. Mounting a Carriage George S
10. Emergency Dismount George S

12:15PM Leave Horses Harnessed (Except Bridles) with Hay & Water: Everyone working together

12:30PM Lunch

1:15PM Turnout Teams Announced (Horses, Vehicles, Able Bodied Whips, Drivers) Divided into 2 to 3 groups according to Experience Levels. Lesson times given so that all participants will be able to drive in appropriate lessons for their level of experience. Will use a variety of rings to meet individual needs. All clinicians and Boo involved with this

4:00PM Unharness and Cool Out

1. Process of Order to Unharness George S
2. Cool Out of Horses All together
3. Putting up of Harness & Wipe Down All together

5:00PM Free Time – Coffee or a Sip!

6:30PM Dinner

7:15PM Tack Information: Based on PATH and CAA curriculum: Holly Pulsifer

1. Bits & Whips
2. Vehicle Types/Names/ Pros & Cons
3. Types of Harnesses (Tugs/Breast Collars/Full Collars)
4. Buying a Used Harness
5. Harness Care and Cleaning

## Wednesday May 10<sup>th</sup>

8:00AM Breakfast

9:00AM Classroom & Theory

- Horse Selection & Suitability Diane, George P and S
- Safety Protocols/Emergency Procedures/Importance of Headers & Protocols/Vehicle & Harness Safety George S and Diane
- Vehicle Maintenance Holly and George P
- Appropriate Driving Attire (Helmet/Gloves/Apron/Footwear/Whip &Spears Kit for CAA, ADS, PATH) Holly and Diane

10:30AM Barn for Hands on Driving

1. Rein Board (other ½) George P and Diane
2. Grooming (other ½) George S
3. Harnessing by Teams Holly, Kim, George, Diane
4. Putting to by Teams
5. Driving Lessons in Rings – Divide into 2 to 3 Groups – Transitions/Straight Lines/Bending Through Corners...Clinicians to be assigned Holly, Diane, George S, George P and Kim
6. Put Horses/Carriages/Harnesses Away

12:30PM Lunch

1:15PM Turn Out Teams Announced/Divide into 2 to 3 Groups/Introduction to Dressage Ring Figures & Cones Clinicians to be assigned as above

4:00PM Unharness/Cool Out/Put Horses, Harnesses & Vehicles Away

5:00PM Free Time

6:30PM Dinner

7:15PM Mid-Session Evaluations: Boo Martin

- Are Your Goals Being Met?
- Do We Need to “Course Correct?” What do you need to get to make the week a success?

8:00PM Driving Movie “Caravan” Introduction by Holly Pulsifer

## Thursday May 11<sup>th</sup>

8:00AM Breakfast

9:00AM Classroom & Theory – 4 Tracks

1. PATH “Teaching the PATH Way” Lauren Fitzgerald and George P
  - Characteristics of a PATH Instructor
  - How People Learn
  - Roles and Responsibilities of the PATH Driving Program: Instructors, Able Bodied Whips, Headers, Wheelchair Carriage Attendants, Vehicle Maintenance personnel
  - Lesson Planning: Goals & Objectives the PATH way!
  - What the Evaluators Look for in Certification: The Vital How’s/What’s/Why’s
2. CAA: Susan Koso
  - How CAA Driver Proficiency Level 1/Level2 are Evaluated
  - Dressage Test & Cones Evaluation
  - Horsemanship and Knowledge Testing
  - Road Test
3. ADS...Scott Monroe
  - What kinds of competitions are featured by the ADS
    1. Arena Driving Trial
    - 2.Horse Driving Trial
    3. Combined Driving Event
    4. Derby
    - 5.Progressive Drive
    - 6.Coaching
    - 7.Pleasure Shows
    8. Driving Games
  - How the Rulebook is laid out
  - The Levels of Competition
  - Dressage Tests for each level

- Width of cones
  - Types of Obstacles
4. US DRIVING FOR THE DISABLED (USDfD)...Diane Kastama
    - Introduction to the sport
    - Opportunities nationally for drivers with disabilities
    - Safety precautions and carriage/equipment modifications
    - Where to go to learn to drive
    - What you should look for in a therapeutic driving program
    - Modifications for Drivers with Disabilities in local and regional competitions
  5. Recreational Drivers: George Stolz
    - Types of Driving Opportunities
    - Preparation for Recreational Pleasure Driving
    - Driving Safety in a Group Setting
    - Driving Precautions on Pavement, Bridges & Streams
    - Safety Equipment and being prepared
    - Conditioning your horse

#### 10:30AM Driving 5 Tracks

1. PATH: Teaching Demo: Observe quality lessons and skill progression. See the various roles at work to deliver a safe, effective PATH therapeutic driving lesson. Lauren Fitzgerald and George Paffendorf
2. CAA: Drive Dressage Test for Level 1 or 2 Susan Koso
3. ADS: Drive Dressage Test appropriate for your level of experience Scott Monroe
4. USDfD...Drivers from other therapeutic programs, residential facilities or schools can experience driving in easy entry vehicles, including a wheelchair accessible four wheeled vehicle: Diane Kastama and Boo Martin
5. Recreational Drivers: Drive Down the Road to experience all kinds of terrain George and Able Bodied Whips of Touchstone Farm

12:15PM Put Away Horses, Harnesses & Vehicles **ALL**

#### 12:30PM Lunch

1:15PM Present Driving Teams: People/ABW/Horses/Harness/Rings

1:30PM Driving 5 Tracks; Same clinicians as above

1. PATH: Practice Teaching with Feedback & Suggestions Lauren and George P
2. CAA: Drive Cones & Road Test Susan Koso
3. ADS: Drive Cones and Obstacles appropriate for your level Scott Monroe
4. USDfD: Drivers from other programs get to drive more and try new things! Catch the driving bug and let us help you find a good place to drive near home; Diane Kastama
5. Recreational: Practice Level 1 Road Test in Field & on Road : George Stolz and TSF Able Bodies Whips

4:00PM Unharness/Cool Out/Put Horses, Harnesses & Vehicles Away

5:00PM Free Time

6:30PM Dinner

Fun Optional After Dinner Opportunity: Would YOU like to try your hand a driving a Pair? Touchstone Farm has three pairs which we will let you drive ...with us right beside you, of course. We have a pair of Welsh Ponies, Welsh Cobs and Haflingers. Step up and give it a try for fun! Boo, George P and S, and TSF Able Bodied Whips

## Friday May 12<sup>th</sup>

8:00AM Breakfast

9:00AM Introduction to a Pleasure Show: Susan Koso

- Format
- Types of Classes & Requirements
- Attire
- What a Judge Looks For

9:00AM Lauren Fitzgerald, George Paffendorf and George Stoltz to answer any questions about PATH Therapeutic Driving Instructor Certification. Drivers with disabilities from Horse Power, the community or other PATH programs are invited to come drive this day at no cost.

10:30AM Private Lessons Galore (Schedule to be Announced Wednesday): Scott Monroe, Susan Koso, Diane Kastama

- When Not Driving Clean Your Harness, Vehicle & Horse
- Present Your Outfit for Saturday Pleasure Show for review and suggestions

5:00PM Presentation of Certificate of Completion & Evaluations/Wine & Cheese Reception. Boo Martin with Clinicians.

6:30PM Dinner

7:15PM Optional

- Sitting on Front Porch
- Cleaning Harness
- Memorizing Your Cones Pattern
- Going to Bed Early
- Coming to Boo's Home for a Celebration of YOU!

## Saturday May 13<sup>th</sup>

7:00AM Barn Open to Prepare

9:30AM Pleasure Show Begins. See website for full class list and divisions. Entry fee separate.

Organizer: Susan Koso

- Judge: Sue Rogers
- Secretary: Barb Cochrane
- Ring Master: Boo Martin
- Touchstone Farm Driving Club Members and Volunteers

## Clinicians' for Immersion Week

**Lauren Fitzgerald** is a PATH, Intl. Lead Therapeutic Driving Certification Evaluator. She is dually certified as a PATH Advanced Level and Driving Level III Instructor in addition to being a lead Registered Therapeutic Riding Instructor Evaluator. She graduate from Centenary College's program of Equine Studies with a concentration in instruction and training. She also has a B.A. in English from Fordham University. She has been active in equine assisted activities for many years and currently works at High Hopes Therapeutic Riding in Old Lyme, CT. Lauren received the Sis Gould Driving Award from PATH International in 2015 and is currently the Chair of the PATH, Intl. Therapeutic Driving Committee.





**Diane Kastama:** A car crash in 1991 left Diane paralyzed from the waist down. As a lifelong horse person and dressage enthusiast, riding without the use of her legs was not very exciting so she turned enthusiastically to carriage driving and combined driving. She has trained her own horses to drive from her wheelchair since 1995 when she competed to the Intermediate Level nationally. She then went on to win such honors as the Gold medal at the 2006 FEI Para-Equestrian World Championships, the Individual Bronze and the Team Silver at the 2008 World Championships, the Team Bronze in 2014. Nationally, she has competed in combined driving events, winning the USEF Advanced Level 2016 Western States Triple Crown, winning at such prestigious events as Shady Oaks. Best of all, Diane has worked tirelessly to introduce carriage driving to those with disabilities, often volunteering not only her time but her horses and equipment too. She is currently the President of the US Driving for the Disabled Association and sits on ADS and USEF committees to further opportunities for drivers with disabilities to compete.



**Susan Koso:** Susan has been involved with carriage driving since 1981, first as a competitor, then as an organizer, next as Regional Director of the New England Region of the ADS, followed by becoming a licensed official, Secretary of the ADS and now as an Honorary Board Member. She holds “R” licenses with the ADS and USEF in Pleasure Driving and ‘r’ in Driven Dressage and sits on the Pleasure Driving Committee and the Development Committee. She officiates in shows all over the US. Along with Marc Johnson, Susan introduced the sport of Arena Driving in

the U.S. She was also instrumental in the development of the Super Reinsmanship class, which is now part of the ADS rules. Susan has authored articles for the Whip, and is co-author of Your First Pleasure Driving Show. She has passed Level 2 Proficiency Exam offered by the Carriage Association of America. Susan has organized and managed over 50 driving shows and events through the years. Susan has made presentations on show organizing, Arena Driving Events, scribing, being a Technical Delegate, and Runabout Carriages.



**Boo Martin:** Boo is a life-long horsewoman and avid driver. She is the Founder and Executive Director of Touchstone Farm. This organization is a not for profit which serves a wide variety of campers, students, families and veterans on her historic home in NH. Touchstone is the home of Pony Farm, a girls' specialty horse camp, with daily riding and driving lessons for a 'horse of your own' experience. The camp is fully accredited by the American Camping Association and is about to celebrate its 45<sup>th</sup> Anniversary. She also began Horse Power, a therapeutic riding and driving program, fully accredited by PATH, Intl. (Professional Association of Therapeutic Riding, formerly NARHA). Horse Power serves people of all ages with cognitive, psychological, physical and learning challenges. Horse Power is in its 26<sup>th</sup> year of continuous operation. Operation Horse Power is about to begin its 10<sup>th</sup> year of service to veterans and their families.

Boo is a PATH certified Master Therapeutic Riding Instructor, PATH Therapeutic Driving Instructor Associate Evaluator and Certified Horsemanship Association Master Instructor. She is also a Level 2 Driver with the CAA Driver Proficiency Program and is expected to begin Level 3 in 2016. She has trained and driven singles, pairs and two four in hand teams. She is currently competing a pair at the Training Level and will move to Preliminary in 2016. She has served on a number of local and national boards, receiving numerous awards. In addition to teaching, she has authored several national articles and presented at numerous international conferences about therapeutic riding and driving. She is a member of the American Driving Society, Carriage Association of America, PATH, Intl., US Driving for the Disabled, the Myopia Driving Club, and the Granite State Carriage Association.



**Scott Monroe:** Three time National Combined Driving Single Horse Champion has also represented the United States three times at the United States Equestrian Team level, as well as once for Canada as a navigator. Honored with Horse of the Year twice as well as Reserve Horse of the Year twice with Shadow, a stunning black Morgan. Shadow was awarded the American Morgan Horse Association, International Horse of the Year in 2006. While competing in Sweden in 2006, the Swedish Morgan Horse Association presented Shadow with their country's Morgan Award. Scott brings over 20 years of driving experience at the Advanced & FEI level with his move to Portland, Maine. Most recently achieving PATH Level 2 Therapeutic Driving Instructor Certification with a goal to continue his work with Para-Driving athletes as well as working with Veteran's equine driving programs. He is also an ADS Combined Driving Judge and Technical Delegate. He offers clinics and private lessons nationwide.



**George Paffendorf:** Major George W. Paffendorf, U.S. Army, Retired, has over 23 years of military service. After the Army, George served with the State of NJ working with at-risk youth. He retired as the State Director, Youth Programs and Special Initiatives. A lifelong horseman, George is a PATH Intl certified Riding Instructor, Driving Instructor, Equine Specialist in Mental Health and Learning (ESMHL) and Mentor and is certified through the Equine Assisted Growth and Learning Association (EAGALA) as a Level Two Equine Specialist in Equine Facilitated Mental Health and Learning. He is a trained Special Olympics Equestrian Coach and is a licensed New York City Carriage Driver. George is an instructor with Therapeutic Riding at Centenary (TRAC). George has been recognized for his tireless work creating TRAC's Veterans Program: "Operation Centaur" and for countless hours devoted to instructing, training, mentoring, and supporting TRAC and its riders, horses, volunteers, instructors-in-training and staff. In addition he is a



valued member of the Touchstone Farm Veterans Task Force and Operation Horsepower. George serves on the PATH Intl Driving Subcommittee.



**Holly Pulsifer:** Holly has had a 40-year volunteer career as combined driving judge, event organizer, course designer, and committee member for both the American Driving Society and the United States Equestrian Federation. She has been instrumental in developing the sport in the United States as the chair of various national committees, as an instructor for official's clinics, and as co-organizer of the Myopia Driving Event (1975-2000), and the Waldingfield Driving Trial (1988- present). Holly has also been a board member of the Carriage Association of America and enjoys her collections of carriages, prints, books and driving appointments. Recently she researched and wrote about the coaching era in the Boston area. She currently spends time with her semi-retired pair of grey ponies and husband in Ipswich, MA, and visits children and grandchildren in Maine and Montana.



**George Stolz:** George is a PATH Certified Driving Instructor at Touchstone Farm. He teaches in both our Horsepower and Touchstone Farm Lesson programs. He is a CAA Certified Level One Driver and is a member of both CAA and ADS. He has assisted in several PATH Driving Instructor Workshops given here at Touchstone and has been a driver and staff member in Touchstone Farm's Fall Festival of Driving in addition to staffing several driving clinics here at the farm.

George started driving recreationally at Touchstone and through a stroke of good fortune, was able to retire from his career of 35 Years as a Professional Civil Engineer to pursue his love of driving full time and train to become a driving instructor.

George is experienced in driving many different horses from VSEs up through large drafts with a variety of vehicles. A true believer in the Horse as a partner, he currently has two driving horses of his own, A Hackney Clydesdale mare at 16.2 hands and a Paint gelding at 15.2 hands.

