



HOME BASE'S INTENSIVE CLINICAL PROGRAM

A TWO-WEEK PROGRAM OPEN TO POST-9/11 VETERANS ACROSS THE NATION SUFFERING FROM THE INVISIBLE WOUNDS OF WAR.

Home Base's Intensive Clinical Program (ICP) is an outpatient treatment program that combines evidence-based medicine with complementary and alternative medicine in a concentrated fashion. Patients receive roughly 50 hours of individual and group therapy. What would normally take up to a year in a traditional course of treatment is condensed into a two-week program, allowing Veterans who are dealing with invisible wounds to be put on a path of success that will compliment their ongoing care in their home towns.

Treatment, lodging, transportation and meals are covered at no cost to the patient.

The ICP includes:

- Comprehensive Evaluation
- Individual Treatment
- Group Therapy
- Stress Reduction and Resiliency
- Fitness & Nutrition
- Family Support & Education
- Integrative Therapies such as Yoga, Art & Tai Chi
- Social Activities

Home Base, a Red Sox Foundation and Massachusetts General Hospital Program, heals invisible wounds for Post-9/11 Veterans, Service Members and their Families through world-class clinical care, wellness, education and research. Home Base's ICP is generously supported by Wounded Warrior Project® through Warrior Care Network™, a first-of-its-kind national mental health care network that will enhance access and provide clinical and family-centered treatment to Veterans living with invisible wounds.



A RED SOX FOUNDATION AND
MASSACHUSETTS GENERAL HOSPITAL PROGRAM



homebase.org/ICP



INTENSIVE CLINICAL PROGRAM

Who is eligible?

All Post-9/11 Veterans and Service Members suffering from invisible wounds are considered, regardless of discharge status.

How much does it cost?

Basic food, lodging and transportation expenses are covered for a participating Veteran and one accompanying Family Member, should they choose to attend. Insurance, if you have it, will be billed, but co-payments and remaining balances after insurance payments for services provided in the ICP are covered.

What will be the plan for care?

Veterans and their Families work with our clinical team to determine an individualized plan for each patient.

Is family included?

Family Members are an integral part of the healing process and will be encouraged to participate in treatment coordination and other program offerings. Family members will also be provided with their own education and support opportunities.



Home Base is staffed by clinicians from Massachusetts General Hospital, the largest and oldest teaching hospital of Harvard Medical School, ranked #1 in the nation by U.S. News & World Report.

What should I expect during my first call?

Your first call will involve a discussion to increase our understanding of your specific situation. Information gathered will help assure your health needs are the right match to the services we provide.

How do I start?

Please call the Home Base Clinic at 617-724-5202 or go to homebase.org/ICP

“(My Veteran) feels he has a new chance to start over, thanks to your program. You are saving lives; the work you do is deeply important.”

– A Family Participant in Home Base’s Intensive Clinical Program.